

EMAIL FOR TC TO SEND TO TEAMS:

Subject: Join Our Corporate 5k Team!

Hi (insert company name),

We are joining other corporate community members to step out and #ExerciseHope by participating in the SimplyIOA Corporate 5k!

WHEN: September 30, 2021

WHERE: Lake Eola (you can also do it virtually!)

HOW: Sign up for the 5k and join our team here!
<https://events.hakuapp.com/4d447066cbcbfc94c5>

(Team captain to insert details about their payment structure here)

BENEFITING: Second Harvest Food Bank and the Track Shack Youth Foundation

AMENITIES: Participants receive the race t-shirt and bib!

(Team Captain Signature)

EMAIL FOR TC TO SEND TO HR TO ENGAGE REGIONAL OFFICES:

Hi (insert name of HR),

Our company has participated in the SimplyIOA Corporate 5k here in Orlando for years. In addition to being a company outing that achieves health and wellness initiatives, we consider the 5k an excellent networking opportunity within our own company as well as exposure to clients and prospects.

OPPORTUNITY IN 2021:

Although this event is transitioning back to an in-person event, there is still a virtual option! This provides a unique opportunity to invite all employees from all our branches. A "virtual" 5k means our team can run or walk safely from *anywhere* and still receive a great team-building experience. Participation also means we are helping charities during these difficult times.

The opportunity to engage our associates in this unique PR and wellness initiative is more feasible than ever before. We will participate in a 5k, safely in our own neighborhoods along with other team members from around the state/country.

ABOUT: The corporate community, businesses and non-profit organizations form teams and participate in the SimplyIOA Corporate 5k for camaraderie, friendly competition and celebrating workplace health and fitness. The participating population is made up of 18,000 runners and walkers from 700 organizations and nearly 100 CEOs.

WHEN: September 30, 2021

WHERE: Anywhere for Virtual participants!

BENEFITING: Second Harvest Food Bank and Track Shack Youth Foundation

REGISTRATION: WWW.Corporate5k.com

(Team captain to insert details about payment set up and if regional offices should join existing team or set up their own team)

(Team Captain Signature)