

FINAL RACE INSTRUCTIONS

RACE DAY SCHEDULE

Thursday, April 18, 2019
4:00 pm – Lake Eola Opens
6:15 pm – Runners line up on Central Blvd. (3 Corrals)
6:45 pm – Runners Start
6:45 pm – Walkers line up on Eola Drive
7:00 pm – Walkers Start



GETTING TO THE RACE

Arriving one hour early is strongly recommended due to traffic congestion. Parking solutions:

PARKING GARAGE MAP: Available on CORPORATE5K.com

PARKMOBILE APP: This free app makes it easy to find and pay for parking without running back to feed the meter.

RIDE-SHARE DROP-OFF/ PICK- UP LOCATION: Orlando Public Library (101 E Central Blvd)

SUNRAIL: With stops at Church Street and Lynx Station, using the SunRail may be a great transportation option!

WHAT TO EXPECT ON RACE DAY

BIB NUMBERS: Each participant has been assigned an official race number. Numbers are to be worn on the front of the body using the enclosed safety pins. Please fill out the medical information form on the back of the bib.

INFORMATION: Three information tents are located around Lake Eola. View Site Map for locations.

LOST & FOUND: Located at the Red Zone Info Tent.

CANNED FOOD DROP OFF: Locations can be identified by blue Track Shack feather banners.

Red Zone: Christian Service Center truck on Rosalind Avenue
Blue Zone: Black top tent (corner of Robinson St. and Eola Dr.)
Gold Zone: Black top tent (near the Info Tent)

MEETING AREA: The site map is enclosed and printable from CORPORATE5K.com. If your company did not rent a tent, establish a team meeting point around Lake Eola. Tent locator maps are available on CORPORATE5K.com

RESTROOMS: Permanent and portable restrooms are located around Lake Eola. View Site Map for locations.

ALCOHOL REGULATIONS: Due to Lake Eola Park Regulations, outside alcohol is not allowed to be brought into Lake Eola. Alcohol may only be obtained from the Michelob Ultra Beer Stations located in the Blue, Red, White and Gold Zones.

BEER STATIONS: Beer served from 6:30 pm to 9:00 pm. Only one beer can be received at a time.

APRIL 18, 2019

LAKE EOLA

See other side

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RUNNERS START – 6:45 pm: The runners' start line is on Central Blvd, facing east. For safety reasons, runners may start lining up at 6:15 p.m. The race will start with runners placed in Corral 1, Corral 2, or Corral 3. A digital clock will display the elapsed time; this clock will determine actual finish time.

Corral 1: CEO's and seeded runners (green wristbands)

Corral 2: Runners finishing under 25 minutes

Corral 3: Runners finishing over 25 minutes

WALKERS START – 7:00 pm: The walkers' start line is on Eola Drive, facing south. Walkers should follow volunteers and directional signage to the starting line on Eola Drive. View Site Map.

COURSE: The route includes two water stations. Digital clocks sponsored by Wieland are at miles 1, 2 and 3; with three entertainment spots along the route! See course map.

PORTABLE RESTROOMS: Available at both water stations.

FINISH LINE: Located on Central Blvd. Two digital clocks will display the elapsed time. Runners and walkers must note the exact time as it appears on the clock as they finish and report it to the team captain. **To avoid congestion, please do not wait or stop; proceed straight ahead for refreshments and festivities.**

MEDICAL: Medical support available at Lake Eola Park in each zone's information tent, on course and at the finish line. Please fill out the medical information form on the back of the bib number.

GET RECOGNIZED IN THE RESULTS

Each participant is responsible for remembering his/her race time from the digital display clocks at the finish line.

To be included in the official results, the Team Captain must record all submitted times AND create scoring teams on manage.Hakuapp.com by 4:00 pm on Friday, April 19th.

RACE RESULTS: Official results by industry category will be on the website on Friday, April 19.