

FINAL RACE INSTRUCTIONS



RACE DAY SCHEDULE

4:00 pm – Lake Eola Opens
6:15 pm – Runners line up on Central Blvd. (3 Corrals)
6:45 pm – Runners Start
6:45 pm – Walkers line up on Eola Drive
7:00 pm – Walkers Start

RACE NUMBERS: Each participant has been assigned an official race number. Numbers are to be worn on the *front* of the body using the enclosed safety pins. Please fill out the medical information form on the back of the race number/bib.

DRIVING DIRECTIONS TO DOWNTOWN ORLANDO

- From East: Take I-4 W to SR 50 / Colonial Dr. exit (#84) and cross over Colonial Dr. where it turns into Hughey Ave.
- From West: Take I-4 East get off the South St. exit (#82B) to Garland. You can also take Amelia St. exit (#83A) turn right on Amelia to get to Orange Ave.
- From 408 East: Take Mills Ave. exit and go left on South St.

Parking: Arriving 1 hour early is strongly recommended due to traffic congestion. Area parking garages available, hourly rates may apply. Check Parking Map. CORPORATE5K.com

WHAT TO EXPECT RACE DAY

INFORMATION: Three information tents are located around Lake Eola. View Site Map for locations. LOST & FOUND is located at the Red Zone Info Tent.

CANNED FOOD DROP OFF: Locations can be identified by blue Track Shack feather banners.

Red Zone: Christian Service Center truck on Rosalind Avenue
Blue Zone: Black top tent (corner of Robinson St. and Eola Dr.)
Gold Zone: Black top tent (near the Info Tent)

MEETING AREA: A Site Map is enclosed and printable from CORPORATE5K.com. If your company did not rent a tent, establish a team meeting point around Lake Eola. Tent locator maps are available on CORPORATE5K.com

RESTROOMS: Permanent and portable restrooms are located around Lake Eola. View Site Map for locations.

RUNNERS START – 6:45 pm: The runners' starting line is on Central Blvd, facing east. For safety reasons, runners should stay off the road until instructed to proceed. The race will start with runners placed in Corral 1, Corral 2, or Corral 3. A digital clock will display the elapsed time; this clock will help with determining actual finish time.

Corral 1: CEO's and seeded runners (green wristbands)

Corral 2: Runners finishing under 25 minutes

Corral 3: Runners finishing over 25 minutes

WALKERS START – 7:00 pm: The walkers' starting line is on Eola Drive, facing south. Walkers should follow volunteers and directional signage to the starting line on Eola Drive. View Site Map.

COURSE: The route includes two water stations. Digital clocks sponsored by Wieland are at miles 1, 2 and 3; with three ADP Entertainment venues along the route! See course map.

FINISH LINE: Located on Central Blvd. Two digital clocks will display the elapsed time. Runners and walkers must note the exact time as it appears on the clock as they finish and report it to the team captain. To avoid congestion, please do not wait or stop; proceed straight ahead for refreshments and festivities.

MEDICAL: Medical support will be present in Lake Eola Park at the Information tent in each zone, on course and the finish line. Please fill out the medical information form on the back of the bib number.

BEER STATIONS: Only one beer can be received at a time. Beer served from 6:30 pm to 9:00 pm.